



STUDENTS HANDBOOK

Practical information on what to do

before, and when you get to Turin,

studying at UniTO





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1. DOCUMENTS and HEALTH INSURANCE

EU and Schengen area citizens are only required to carry the **ID card** or **passport** during their stay in Italy. If you stay in Italy more than three months you are required to register at the local Registry Office ("Anagrafe"). For more details, check <u>UniTO website</u>.

Students coming from EU countries staying in Italy more than three months can access health care supplied by the Italian Public Health Service ("SSN Servizio Sanitario Nazionale"). Further information on health and insurance is available here.

Need help to access the Italian Public Health Service? Contact **EDISU Piemonte Info Point**.

2. HOW TO GET TO TURIN

By plane, by train, by bus and by car: reach the city from wherever you are.

From Malpensa airport (Milan): you can take the bus, <u>Sadem</u>, <u>Flixbus</u> or <u>Flibco</u>. They all reach the city centre. Travelling is about two hours.

From **Milan Bergamo airport**: <u>Flixbus</u> will connect you to Turin city centre. Travelling is about three hours.

From **Torino Caselle airport**: you can use <u>Sadem</u>, <u>Flixbus</u> or <u>Flibco</u> bus, or take the train. On <u>Caselle airport website</u> there is detailed information available in English.

For tickets price, timetables and other information, please **check** on the companies' websites. We suggest you to book a seat in advance.

From the **train station**: there are two main train stations in Turin, **Porta Susa** and **Porta Nuova**. To get to Campus Luigi Einaudi, Porta Nuova is the best option.

Full information on **How to get to Turin**.

3. TRANSPORT

Public transport is operated by **GTT**. You can find information on fares at this <u>link</u>. Not all students buy a GTT season ticket because most places in Turin are within walking or cycling distance. Clearly, it depends on your needs and preferences. A ticket costs around **2,00€**, and can be purchased directly on your mobile through the app <u>TO MOVE</u> or by swiping your credit card at the turnstile.



Download **MATO Live Bus** to consult real-time public transport passages, plan your route, check the capacity status of your bus and save the stops and routes you use most.

Taxi company number: (+39) 011 5737



Go green - Rent a bike!

As said, Turin is perfect to be explored bicycling, and there are many bicycle paths.

Mobike and **Helbiz** are very popular bike sharing services, otherwise you can rent a bike from a private company, going directly to the shop and paying according to the time you use the bike. Here is a <u>list</u> of some spots where you can rent bikes in Turin.



BUNET is an interactive map that can help you planning your bike journey in Turin showing you alternative paths.

More information on public transport and sharing mobility is available <u>here.</u>

4. LIFE IN TURIN

biggest city in Italy. The city offers a wide range of museums, sites, monuments, churches, parks, theatres and events all year round. Turin's exciting lifestyle is appreciated by students, who can make use of a number of study rooms and housing options, university restaurants, transport and sports facilities. Discover the main city services and attractions on UniTO dedicated webpage When you arrive.

Are you looking for special discounts for students? Check Student Discounts.

Other useful links:

- Addresses of tourist information centres
 Torino
- <u>Tourism in Turin and its Province</u>
 <u>Piedmont</u>
- Lonely planet

5. ACCOMMODATION

Turin is a popular destination for students and finding accommodation can be difficult. Here below are listed some links and portals that may be helpful for your search.

a. University Residences

Go to this <u>link</u> for information. The allocation depends on economic needs and is competitive, but it is also possible to book for short periods. It can be a good solution for your first few days while searching for permanent accommodation. The closest residence to Campus Luigi Einaudi is the <u>Hall of Residence Olimpia</u>, but there are many others (such as <u>Collegio Einaudi</u>, <u>Camp1us College</u> and <u>Campus Sanpaolo</u>).



<u>Study in Torino</u> provides a list of University Residences for long stays and hostels for a few days.

b. Temporary Housing

Sometimes it may not be possible to find housing before your arrival. In that case, you may consider starting the mobility in **temporary accommodation** from where you can search for a more permanent place to stay.

For short-term stays (hostels, halls of residence, bed & breakfasts), you can check the <u>City of Torino tourism website</u>, <u>Torino Sweet Home</u> and <u>CX</u>.

c. Private Housing Market

Since places in residence halls are limited, searching on the **private housing market** is a common option.

Accommodation ads are posted on housing platforms by current tenants, landlords and agencies. You can also find ads for free on:

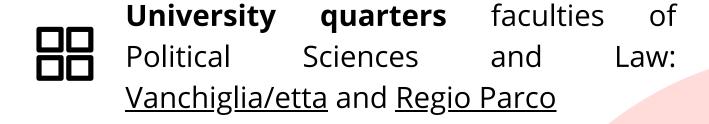
- notice boards in the University atrium, generally there are offers of single rooms in apartments, with shared kitchen and bathroom
- Whatsapp and Telegram students groups of the various degree courses
- Facebook groups, many of which are managed by <u>Turinhouse</u>, a project that aims at facilitating accommodation search by collecting flats ads offers
- <u>Cerco alloggio</u>, EDISU official service to find and offer flats and other housing solutions on the private market
- <u>Sportello casa Piemonte</u>, service for free of CEUR Foundation for the search of short- and medium-term housing solutions through an online platform and on-site advisory services
- <u>To Room</u>, rooms and flats for students and young professionals. Prices include: utility bills, condo expenses, ultrafast WI-FI, weekly flat cleaning and minor maintenance

- Youth Office of the Municipality of Torino
- Stesso piano
- Alloggiami
- Social Housing
- Torino Giovani
- ErasmusPlay
- Affitti-Studenti
- HousingAnyWhere

Beware of potential scam!

With regard to paid services and platforms for private rentals, the major channels are:

- <u>Uniaffitti</u>, network to find a room to rent or a tenant in major university cities in Italy
- Unostudenteincasa, platform for university students with selected room listings and video presentations of students looking for accommodation
- Real estate agencies



Please consider these links and references as mere suggestions. These services are not affiliated with the University of Turin, therefore we cannot verify the reliability of all of them.

6. STUDENTS SERVICES

1. University Canteens

University canteens and alternative services are spread all over town next to all departments. They provide a wide range of food, including vegetarian, ethnic and glutenfree menus. All prices for Erasmus and International exchange students fall within the "Fascia 1" (Bracket 1). E.g.: Full meal - first course, second course, side dish, bread, fruit - at only 2,50€. More information is available here.

To access canteens and pay for your meals you are required to download and use the **app** "Campus Piemonte ID Meal". Here are the instructions.

Campus CLE does not have a canteen, but around the corner you can access the **Mensa Universitaria Olimpia** in partnership with EDISU. <u>Here</u> is its website.

2. Libraries and Study Places

The University of Turin has a large network of **libraries** providing support for your studies. Borrowing entitlements and loan periods are **listed** on each library website.

You can access your loan status via your MyUniTO profile. All library services are free of charge. Check the <u>full list</u> of libraries and the University other resources <u>catalogue of books</u>.

The library of the faculty of Political Sciences is **Norberto Bobbio**'s. For organisational reasons, access to the library wil only be allowed upon **booking**. You can book your spot in the library at this <u>link</u>. **Useful info**: you can also research directly from home using the **bibliopass service**, which will connect you to the online sources of the library and to the database offered by the University of Turin. You can login using your MyUniTO credentials.

In **study places** you can read and study, research information, and use a range of services (photocopying, PCs, free WiFi, etc.). In Turin EDISU runs study rooms all over the city next to all University departments. Check the list of the **EDISU study places** and **University suggestions**.

3. CUS Torino (University Sports Centre)

CUS Torino is the **University Sports Centre**. It organises sport activities and tournaments for students enrolled at the University of Turin, and provides facilities at special rates for leisure activities. With the CUS card you can enjoy the University's sport facilities and activities. It is valid for one academic year and it's free for all students enrolled at the University of Turin.

To start a sport or physical activity you are required to provide a medical certificate of good health issued in Italy.

This can be obtained from your general practitioner (if you are registered with one), the SUISM Centre or directly at the CUS Torino office.

The **list of activities and events** organized by CUS Torino and all further detailed information are published on the <u>CUS website</u>.

CUS Torino

Via Braccini, 1 - 10141 Torino

Tel.: **(**+39) 011.388307

Email: internationalstudents@custorino.it



4. Buddy Project - "Do you need support-TO?"

The Buddy Project is a **welcome and support service** for international students studying at the University of Turin. A "Buddy" - a current student at UniTO - will assist you getting familiar with the University, the city of Turin, and the new cultural and linguistic environment.

More information on the services provided is available <u>here</u>.

Contact buddy.cle@unito.it to get in touch with your Buddy at Campus Luigi Einaudi.

5. Passi@UniTO

Passi@UniTo project is a psychological counseling service aiming at listening and understanding practical and emotional difficulties that international students may face during their study and life experience in Turin. Book your meeting with the counselling team by email passi@unito.it, mentioning your name, surname, nationality and phone number. You will be contacted to schedule a first online or face-to-face session. Check full information on Passi@UniTO.

7. HUB OF LAW AND SOCIAL SCIENCES CONTACTS

The University of Turin is huge: more than 80,000 students, 26 Departments, over 150 degree programmes. The Hub of Law and Social Studies is made up of the following departments, which are part of the **School of Law, Politics and Social-Economic Sciences**:

- Department of <u>Cultures, Politics and</u>
 <u>Society</u>
- Department of <u>Law</u>
- Department of <u>Economics and Statistics</u>
 <u>"Cognetti De Martiis"</u>

This will be your Hub of reference during your academic year in Turin.

1. International Office - Hub of Law and Social Sciences

This is a **support service** dealing with **administrative issues** for students enrolled at UniTO or involved in international mobility programmes of the HUB degree courses, as well for double degree students.

For more information go to the school website.



Email: international.cle@unito.it



Tel.: (Double Degrees) Tuesday h. 10.00–12.00 (+39) 011 670 4179

Videoconference:

- Google Meet GCalendar on Webex. (Click on "Prenota /Book here" in the preferred time slot to sign in; add in "Description of the subject" for the requested videoconference and click on "Save")
- For other web meeting platforms contact us via email

Face-to-face meetings for specific needs can be requested via email or telephone.

Facebook and Instagram account: "International.cle" for communications, the latest updates on events and initiatives on Campus, etc.

2. Segreteria Didattica (Study Courses Office)

Office dealing with academic career and teaching issues such as lectures, credits, study plan. The office provides information and support concerning the courses, exams and graduation, the professors and the organization of the department study courses.

- It is located at the Campus Luigi Einaudi, Lungo Dora Siena 100 Torino, D1 Building 1st I floor, room 14.
- Here you can find the details of the office timetables and contacts.

3. Segreteria Studenti

Office dealing with **administrative issues** such as fees, registry management, certificates, administrative consulting. It is located in Corso Regina Margherita, 60 – Torino.



Tel: (+39) 0116709900

4. Help Desk for both offices

Online service you can access through your MyUniTO area. One of the main points is the Service desk, click here and then insert a key word, open one question and if you're not satisfied by the answer you can "open a ticket". This means that you can send a new question to the Segreteria Didattica or Segreteria Studenti. Soon afterwards, you will receive an answer on your institutional email address. Should you need any help, ask your Buddy: buddy.cle@unito.it.

5. Job Placement Office



It is located at the Campus Luigi Einaudi, Lungo Dora Siena 100 Torino, D1 Building 1st Floor, Rooms: 23-25-26.



Email: job.cle@unito.it



Tel.: (+39) 011/6704897-4898-5596-4173

